

Ala Carte Menu Items

- Milk..... \$0.50
- 4 oz. juice box..... \$0.50
- Side Dish—3/4 cup serving..... \$0.85
- Side Salad—12 oz. bowl..... \$0.85
- Snack Cart Items (7-12)..... \$0.60
- 12 oz. Aquafina Water \$1.00
- 20 oz. Aquafina Water (7-12)..... \$1.50
- Flavored Water (9-12)..... \$1.50
- 10 oz. Fruit Juice (7-12)..... \$1.50
- 10 oz. Naked Juice (7-12)..... \$2.00
- 14 oz. Chocolate Milk Chug..... \$1.50
- Entrée Only \$2.00
- Extra Entrée with Meal..... \$1.75
- Homemade Cookie (when available) \$0.50
- Fresh Baked Dinner Roll..... \$0.50

Meal Prices

- Paid Elementary Breakfast.....\$1.25
- All students at Baltic Elementary eat breakfast for free
- Paid 7-12 Breakfast.....\$1.75
- Paid Adult Breakfast.....\$2.00
- No charge for breakfast for Free and Reduced Students
- Paid Elementary Lunch.....\$2.75
- Paid 7-12 Lunch.....\$3.00
- Reduced Lunch.....\$0.40
- Adult Lunch (no drink).....\$3.50

BREAKFAST MENU

Choose between two breakfast specials daily—one with a hot entrée and one with a cold entrée.

Mondays	Cold Breakfast Entrée—Whole Grain Cereal, Yogurt Cup, Blueberries, Fruit Juice and Milk Hot Breakfast Entrée—Eggo Waffles, Blueberries, Fruit Juice and Milk
Tuesdays	Cold Breakfast Entrée—Freckled Biscuits w/ Berry Smooth Dip, Fresh Grapes, Fruit Juice and Milk Hot Breakfast Entrée—Sausage Gravy & Biscuits, Fresh Grapes, Fruit Juice and Milk
Wednesdays	Cold Breakfast Entrée—WG Strawberry Poptart, Mozzarella Cheese Stick, Craisins, Fruit Juice and Milk Hot Breakfast Entrée—Baked Tropical Oatmeal with Vanilla Yogurt Topping, Fruit Juice and Milk
Thursdays	Cold Breakfast Entrée—Oatmeal Breakfast Bar, Hard Boiled Egg, Applesauce, Fruit Juice and Milk Hot Breakfast Entrée—Pillsbury Mini Cinnis, Warm Baked Apples, Fruit Juice and Milk
Fridays	Cold Breakfast Entrée—Strawberry Yogurt Parfait with Simply Chex Strawberry Yogurt snack mix, Fruit Juice and Milk Hot Breakfast Entrée—Pancake and Sausage on a Stick, Strawberry Cup, Fruit Juice and Milk

The Pirates' Galley Menu

Our kitchens will be operating on a seasonal four week cycle menu this year. Our entrée provides the protein and the whole grain component of a complete meal. Students may choose from a variety of fruits and vegetables.

We also offer a choice of fat-free flavored milk and low-fat unflavored milk.

FALL CYCLE (8/24-11/23/16)



Parents are welcome to join their child for lunch or breakfast. Please check with your school secretary to determine meal times.

For more information, please call

Phone: 330-852-3215

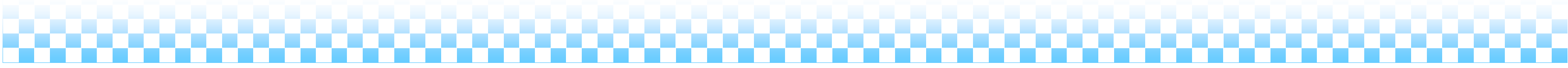
Cell: 330-231-6175

E-mail: mbiltz@garaway.org



Garaway Local Schools
146 Dover Road NW
Sugarcreek, OH 44681

This institution is an equal opportunity provider



LUNCH ENTREES

We also offer alternative entrees—PBJ Jamwiches, 1 oz. cheese stick & Goldfish crackers or 4 oz. Danimals yogurt w/ granola stir-ins, 1 oz. Mozzarella cheese stick, & Goldfish crackers. Add fruits, vegetables and a milk for a complete meal.

- 1 Barbecue Chicken Pizza Snacks—Three mini handheld pizza snack wraps that are filled with BBQ chicken and mozzarella Cheese. Served with Homestyle baked beans, fresh carrots & broccoli dippers, and seasonal fresh fruit.
- 2 Chicken Nuggets—A longtime favorite is making a come back with a twist! Five crispy chicken nuggets will be served with a fresh baked dinner roll. Served with Roasted Garlic & Buttermilk mashed potatoes, strawberries, and broccoli/cauliflower salad.
- 3 Chili Cheese Enchiladas—A whole grain tortilla shell filled with flavorful chili and a blend of cheeses topped with our homemade enchilada sauce. Served with large garden salad, peas and carrots, and diced pears.
- 4 Chicken and Noodles—Made from scratch in our kitchens combining creamy chicken gravy, dark and white meat chicken and Inn Maid noodles. Served with a homemade Peach Oatmeal Muffin Square, green beans, and orange wedges.
- 5 Sausage Biscuit Sliders—Two warm flaky buttermilk biscuits filled with a savory chicken sausage patty. Served with crinkle cut sweet potato fries, cinnamon baked apples, and assorted fresh fruit and veggies.
- 6 Cheese Quesadilla Snacks—These are mini versions of our full size quesadilla and the flour tortillas are stuffed with a blend of cheeses plus a Con Queso Cheese Sauce. Served with tiny chop lettuce, our own “Green Pea Guacamole”, sour cream and tomato salsa. Served with Cajun Red Beans and Rice and Mixed Fruit.
- 7 General Tso’s Chicken—Tender chunks of breaded dark meat chicken tossed with a spicy sweet Asian sauce and served over Fried Rice (brown rice, soy sauce, scrambled eggs, peas and carrots). Served with steamed broccoli and diced peaches.
- 8 Mozzarella Stuffed Breadsticks w/ Marinara Sauce—A longtime favorite has been modified to provide more protein and less carbohydrates. Served with marinara dipping sauce, large tossed salad, and a fruited gelatin salad.
- 9 Rib-B-Q Pork Rib Patty Sandwich—These rib shaped pork patties are served on a Nickles whole grain hoagie bun served with sweet pickles and Grandma Lovina’s barbecue sauce. Served with tator tots, strawberries and pineapple, and a homemade oatmeal raisin cookie.
- 10 Stuffed Crust Pepperoni Pizza—Pepperoni topped wedge sliced pizza is always a favorite for school lunch. Ours is served with a large tossed salad, fresh carrot and celery sticks and juicy red grapes.
- 11 Chicken and Cheese Quesadilla—White meat chicken with a blend of cheeses and salsa between two layers of flour tortilla. Optional toppings—guacamole, sour cream, tomato salsa, shredded lettuce. Served with seasoned black beans, large side salad and seasonal fresh fruit.
- 12 Roasted Turkey w/ Gravy—Nothing says fall comfort food more than roasted turkey! Ours is served up with creamy mashed potatoes and gravy, homemade bread stuffing, fresh veggie cups and cherry crisp.
- 13 Chicken Patty Sandwich—Our crispy breaded chicken patty is served on a whole grain bun with leaf lettuce, tomato, pickles and onions. Served with French fries and diced peaches.
- 14 Lasagna Rollups—Whole grain noodles rolled up with a blend of Italian cheeses and baked in our homemade marinara sauce and served with garlic toast. Add steamed carrots, a large tossed salad and a fresh banana for a complete meal.
- 15 Sweet & Sour Chicken—Breaded dark meat chicken chunks are smothered in our own tangy sweet & sour sauce over a bed of steamed rice. Served with stir-fired carrots, peppers and pineapple and chilled diced pears.
- 16 Walking Tacos—Start with the basics and build your own taco bowl. We give you a bag of Doritos, seasoned ground beef and shredded cheese and then you can add Cowboy Salsa, shredded lettuce, sliced green onions, diced tomatoes, black olives and jalapenos. Eat it in the bag or make a huge taco salad. Served with diced peaches.
- 17 All American Burgers—Charbroiled beef patties are served on a whole grain bun and can be topped with sliced American cheese, bacon, grilled onions, lettuce, tomatoes, pickles and our special sauce. Served with French fries and assorted fresh fruits and vegetables.
- 18 Boneless Wings—Boneless chunks of white meat chicken are tossed in your choice of three sauces—mild Buffalo, Grandma Lovina’s BBQ Sauce or Sweet Baby Ray’s Garlic Parmesan wing sauce. Served with Celery Sticks w/ Ranch Dip, Mixed Fruit and our Country Trio Vegetable Blend (Corn, Carrots & Green Beans).
- 19 Stuffed Crust Cheese Pizza or Chicken Bacon BBQ Pizza—Served with Tossed Salad, Rosy Applesauce and Steamed Peas.
- 20 Totally Taco Snax—A blend of beef pizza topping, taco sauce and cheeses melted between two layers of flour tortillas. Served with steamed corn, side salad and applesauce.

ROTATION CALENDAR

Numbers under the dates correspond with the meal number in the descriptions

	8/24	8/25	8/26	
	1	2	3	
8/29	8/30	8/31	9/1	9/2
No School	4	5	6	7
9/5	9/6	9/7	9/8	9/9
8	9	10	11	12
9/12	9/13	9/14	9/15	9/16
13	14	15	16	17
9/19	9/20	9/21	9/22	9/23
18	19	20	1	2
9/26	9/27	9/28	9/29	9/30
3	4	5	6	No School
10/3	10/4	10/5	10/6	10/7
7	8	9	10	11
10/10	10/11	10/12	10/13	10/14
12	13	14	15	No School
10/17	10/18	10/19	10/20	10/21
16	17	18	19	20
10/24	10/25	10/26	10/27	10/28
1	2	3	4	5
10/31	11/1	11/2	11/3	11/4
6	7	8	9	10
11/7	11/8	11/9	11/10	11/11
11	12	13	14	15
11/14	11/15	11/16	11/17	11/18
16	17	18	19	20
11/21	11/22	11/23	11/24	11/25
1	2	3	No School	No School