

# OCTOBER | 2020

## Garaway Elementary Schools



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>28</b> B: Sausage Biscuit Sandwich, Dried Cranberries, Fruit Juice &amp; Choice of Milk</p> <p>L: French Toast Sticks &amp; Sausage Links, Hash Brown Patties, Diced Peaches and Choice of Milk</p>	<p><b>29</b> B: Cinnamon Toast Crunch, Cheese Stick, Applesauce Cup, Fruit Juice &amp; Choice of Milk</p> <p>L: Cheeseburger on a Bun with Pickles, Carrot &amp; Celery Sticks w/ Hummus, Mixed Berries and Choice of Milk</p>	<p><b>30</b> B: Cherry Frudel, Fresh Fruit, Juice and Choice of Milk</p> <p>L: Three Cheese Calzone, Green Pea Salad, Fresh Apple and Choice of Milk</p>	<p><b>1</b> B: Strawberry Pancakes, Mixed Fruit Cup, Fruit Juice and Choice of Milk</p> <p>L: Ham and Cheese Sandwich, Broccoli &amp; Cauliflower Salad, Applesauce and Choice of Milk</p>	<p><b>2</b> No School</p>
<p><b>5</b> B: Banana Bread, Strawberry Cup, Fruit Juice and Choice of Milk</p> <p>L: Rotini Pasta w/ Meat Sauce, Dinner Roll, Tossed Salad, Diced Pears and Choice of Milk</p>	<p><b>6</b> B: Cinnamon Pop Tart, Graham Crackers, Raisins, Fruit Juice &amp; Choice of Milk</p> <p>L: BBQ Rib Sandwich, Bread and Butter Pickles, Three Bean Salad, Fresh Fruit &amp; Choice of Milk</p>	<p><b>7</b> B: Uncrustable, Strawberry Craisins, Juice &amp; Choice of Milk</p> <p>L: Cheese Stuffed Breadsticks w/ Marinara Sauce, Chickpea Salad, Mixed Fruit &amp; Choice of Milk</p>	<p><b>8</b> B: Sausage Gravy &amp; Biscuit, Fresh Fruit, Fruit Juice &amp; Choice of Milk</p> <p>L: Popcorn Chicken, Pasta Salad, Baby Carrots w/ Ranch Dressing, Strawberry Cup &amp; Choice of Milk</p>	<p><b>9</b> B: Cocoa Cherry Bar, Yogurt Cup, Peach Cup, Juice &amp; Choice of Milk</p> <p>L: Hotdog, Creamy Cole Slaw, Bread &amp; Butter Pickles, Diced Pears &amp; Choice of Milk</p>
<p><b>12</b> B: Strawberry Smoothie, Granola Bar, Raisins and Choice of Milk</p> <p>L: Chicken and Cheese Quesadilla, Corn Chips with Cowboy Caviar, Fresh Pear &amp; Choice of Milk</p>	<p><b>13</b> B: Oatmeal Breakfast Cookie, Applesauce, Fruit Juice &amp; Milk</p> <p>L: Submarine Sandwich, Potato Salad, Baby Carrots, Peach Cup &amp; Choice Of Milk</p>	<p><b>14</b> B: Pancake Wrap, Orange Slices, Fruit Juice &amp; Choice of Milk</p> <p>L: Macaroni &amp; Cheese w/ Blueberry Muffin, Tossed Salad, Apple Slices &amp; Choice of Milk</p>	<p><b>15</b> B: Froot Loops, Graham Crackers, Raisins, Fruit Juice and Choice of Milk</p> <p>L: Toasted Cheese Sandwich, Fresh Broccoli w/ Ranch, Applesauce and Choice of Milk</p>	<p><b>16</b> No School</p>
<p><b>19</b> B: Egg &amp; Bacon Pizza, Mixed Berry Cup, Fruit Juice &amp; Choice of Milk</p> <p>L: Chicken Salad Sandwich, Baby Carrots w/ Hummus, Pickle Spear, Grapes &amp; Choice of Milk</p>	<p><b>20</b> B: Cinni Minis, Apple Slices, Fruit Juice &amp; Choice of Milk</p> <p>L: Pepperoni Calzone, Tossed Salad, Fresh Pear and Choice of Milk</p>	<p><b>21</b> B: Sausage Biscuit Sandwich, Dried Cranberries, Fruit Juice &amp; Choice of Milk</p> <p>L: French Toast Sticks &amp; Sausage Links, Hash Brown Patties, Diced Peaches and Choice of Milk</p>	<p><b>22</b> B: Cinnamon Toast Crunch, Cheese Stick, Applesauce Cup, Fruit Juice &amp; Choice of Milk</p> <p>L: Cheeseburger on a Bun with Pickles, Carrot &amp; Celery Sticks w/ Hummus, Mixed Berries and Choice of Milk</p>	<p><b>23</b> B: Cherry Frudel, Fresh Fruit, Juice and Choice of Milk</p> <p>L: Three Cheese Calzone, Green Pea Salad, Fresh Apple and Choice of Milk</p>
<p><b>26</b> B: Strawberry Pancakes, Mixed Fruit Cup, Fruit Juice and Choice of Milk</p> <p>L: Ham and Cheese Sandwich, Broccoli &amp; Cauliflower Salad, Applesauce and Choice of Milk</p>	<p><b>27</b> B: Banana Bread, Strawberry Cup, Fruit Juice and Choice of Milk</p> <p>L: Rotini Pasta w/ Meat Sauce, Dinner Roll, Tossed Salad, Diced Pears and Choice of Milk</p>	<p><b>28</b> B: Cinnamon Pop Tart, Graham Crackers, Raisins, Fruit Juice &amp; Choice of Milk</p> <p>L: BBQ Rib Sandwich, Bread and Butter Pickles, Three Bean Salad, Fresh Fruit &amp; Choice of Milk</p>	<p><b>29</b> B: Uncrustable, Strawberry Craisins, Juice &amp; Choice of Milk</p> <p>L: Cheese Stuffed Breadsticks w/ Marinara Sauce, Chickpea Salad, Mixed Fruit &amp; Choice of Milk</p>	<p><b>30</b> B: Sausage Gravy &amp; Biscuit, Fresh Fruit, Fruit Juice &amp; Choice of Milk</p> <p>L: Popcorn Chicken, Pasta Salad, Baby Carrots w/ Ranch Dressing, Strawberry Cup &amp; Choice of Milk</p>

### News

We can offer breakfast and lunch to every student **FREE** of charge this month due to COVID-19. Save some money on your grocery bill by eating at school. You can choose the lunch entrée as listed on them menu or choose to have a **Yogurt Meal** (4 ounce yogurt, granola, Goldfish crackers and mozzarella cheesestick) or an **Uncrustable Meal** (Smuckers Peanut Butter and Jelly Sandwich with Goldfish Crackers and a mozzarella cheesestick).

**Milk without a meal is charged \$0.50**