



OCTOBER | 2018

Garaway Elementary Schools

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <i>Breakfast: Breakfast Pizza, Juice, Applesauce & Milk</i> Popcorn Chicken w/ Teddy Grahams Mashed Potatoes w/ Gravy (21)	2 <i>Breakfast: Cocoa Cherry Bar, String Cheese, Juice, Diced Pears & Milk</i> Corn Dog Baked Beans	3 <i>Breakfast: Cinnamon Toast Crunch, Cinnamon Grahams, Apple Juice, Raisins & Milk</i> BBQ Chicken Pizza (38) OR Nachos w/ Cheese Sauce Steamed Peas & Carrots (11)	4 <i>Breakfast: Strawberry Banana Yogurt, Gripz Crackers, Juice, Craisins & Milk</i> Chicken Nuggets (16) Mashed Potatoes w/ Gravy (21)	5 <i>Breakfast: Apple Jacks, Graham Crackers, Juice, Applesauce & Milk</i> 3 Maple Glazed French Toast Sticks (27) w/ 2 Sausage Links (0) OR Buffalo Chicken Pizza (35) Hot Cinnamon Apples (22)
8 <i>Breakfast: Blueberry Muffin, String Cheese, Juice, Raisins & Milk</i> Cheesy Mozzarella Bread w/ Marinara Sauce Cook's Choice Hot Vegetable	9 <i>Breakfast: Cinnamon Pop-Tart, Graham Crackers, Juice, Apples & Milk</i> Walking Tacos (45) Fiesta Black Beans (20)	10 <i>Breakfast: Trix Cereal, Cinnamon Grahams, Juice, Clementine & Milk</i> Stuffed Crust Pepperoni Pizza (38) OR Cook's Choice Steamed Broccoli	11 <i>Breakfast: Egg & Cheese Sandwich, Fruit Juice, Craisins, & Milk</i> Hotdog on a Bun (21), Sloppy Dog or Coney Dog French Fries (27)	12 <div style="border: 1px solid black; padding: 5px; text-align: center;"> No School – District In-Service Day </div>
15 <i>Breakfast: Lucky Charms Cereal, Cinnamon Goldfish, Juice, Applesauce & Milk</i> Twisted Toasted Cheese Breadsticks with Tomato Soup (40)	16 <i>Breakfast: Cocoa Krispies Cereal Bar, Apple Cinnamon Waffle Grahams, Juice, Raisins, & Milk</i> Roast Turkey w/ Dinner Roll Mashed Potatoes & Gravy Scooter Crunch Ice Cream Bar	17 <i>Breakfast: Strawberry Yogurt, Chex Mix, Juice, Diced Pears, & Milk</i> Honey BBQ Rib Sandwich Baked Beans (29)	18 <i>Breakfast: Banana Muffin, String Cheese, Juice, Apples & Milk</i> Four Meat Pizza (36) Green Beans (4)	19 <i>Breakfast: Apple Turnover, Juice, & Milk</i> Chicken Fries (16) w/ Various Dipping Sauces (18) Country Trio Vegetables (9)
22 <i>Breakfast: Froot Loops, Honey Graham Crackers, Juice, Diced Peaches & Milk</i> American Steakburgers (24) Fixin Bar (9) French Fries (27)	23 <i>Breakfast: Breakfast Pizza, Juice, Applesauce & Milk</i> Popcorn Chicken w/ Teddy Grahams Mashed Potatoes w/ Gravy (21)	24 <i>Breakfast: Cocoa Cherry Bar, String Cheese, Juice, Diced Pears & Milk</i> Mini Corn Dogs Baked Beans	25 <i>Breakfast: Cinnamon Toast Crunch, Cinnamon Grahams, Apple Juice, Raisins & Milk</i> BBQ Chicken Pizza (38) OR Nachos w/ Cheese Sauce Steamed Peas & Carrots (11)	26 <i>Breakfast: Strawberry Banana Yogurt, Gripz Crackers, Juice, Craisins & Milk</i> Chicken Nuggets (16) Mashed Potatoes w/ Gravy (21)
29 <i>Breakfast: Apple Jacks, Graham Crackers, Juice, Applesauce & Milk</i> 3 Maple Glazed French Toast Sticks (27) w/ 2 Sausage Links (0) OR Buffalo Chicken Pizza (35) Hot Cinnamon Apples (22)	30 <i>Breakfast: Blueberry Muffin, String Cheese, Juice, Raisins & Milk</i> Cheesy Mozzarella Bread w/ Marinara Sauce Cook's Choice Hot Vegetable	31 <i>Breakfast: Cinnamon Pop-Tart, Graham Crackers, Juice, Apples & Milk</i> Walking Tacos (45) Fiesta Black Beans (20)		

It's Only a Buck!

We offer a full Grab & Go breakfast every morning for only \$1.00. The menu is in italics on the calendar. You would spend \$1.00 buying the milk and the juice so bundle the whole thing together and save!!

Alternative Lunch Options

Did you know that your child can have several options besides what is listed on the menu? We offer a fruit and yogurt parfait with granola as well as a 4 oz cup of yogurt with goldfish crackers and cheese stick or a Smuckers Uncrustable with cheesestick and goldfish crackers as additional entrée choices. We also have specialty salads and chef salads. If you want to see what all this fuss is about then join your child for lunch one day. If you want a parfait, specialty salad or chef salad let their teacher know the day before so we can get your SPECIAL lunch ordered for you.

Follow us on Facebook at Garaway Child Nutrition Programs.