

NOVEMBER | 2019



Garaway 7-12 Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Entrée choices are listed in calendar – students may choose 1 entrée and then help themselves to the garden bar. All students must have a ½ cup fruit or vegetable for a complete meal – but may take more if they like.

4 Italian Sausage Sandwich
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
Big Mac Salad

5 Walking Tacos or Nachos
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
Fajita Chicken Salad

6 Popcorn Chicken Bowl
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
American Harvest Salad

7 Teriyaki Chicken or General
Tso's Chicken w/ Fried Rice
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
Chicken Bacon Ranch Salad

1 Cheesy Breadsticks w/ Marinara
Sauce
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
Oriental Chicken Salad

8 Cheesy Breadsticks w/ Marinara
Sauce
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
Oriental Chicken Salad

11 Egg & Sausage Sandwiches
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
Big Mac Salad

12 Walking Tacos or Nachos
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
Fajita Chicken Salad

13 Popcorn Chicken Bowl
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
American Harvest Salad

14 Teriyaki Chicken or General
Tso's Chicken w/ Fried Rice
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
Chicken Bacon Ranch Salad

15 Cheesy Breadsticks w/ Marinara
Sauce
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
Oriental Chicken Salad

18 Italian Sausage Sandwich
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
Big Mac Salad

19 Walking Tacos or Nachos
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
Fajita Chicken Salad

20 Popcorn Chicken Bowl
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
American Harvest Salad

21 Teriyaki Chicken or General
Tso's Chicken w/ Fried Rice
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
Chicken Bacon Ranch Salad

22 Cheesy Breadsticks w/ Marinara
Sauce
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
Oriental Chicken Salad

25 Egg & Sausage Sandwich
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
Big Mac Salad

26 Walking Tacos or Nachos
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
Fajita Chicken Salad

27 Popcorn Chicken Bowl
Cheeseburgers
Crispy Chicken Sandwich
Pizza
Deli Sandwiches
Fruited Yogurt Parfait
American Harvest Salad

28 Happy Thanksgiving – No
School

Be sure to walk off that
Thanksgiving Meal or play a
game of football!

29 Holiday Break – No School

Garden Bar

Our garden bar has a variety of fruits and vegetables for customers to choose, including tossed salad, fruit cups, fresh fruit, applesauce, fresh vegetables, hummus, raisins, and fruit juice.

We have ala carte snacks available as well and beverage choices which range in price from \$0.75 - \$1.00.

All meals include choice of milk.

Reduced - \$0.40
Elementary - \$2.95
7-12 - \$3.20
Adult - \$3.70