

NOVEMBER | 2019



Garaway Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28</p>	<p>29</p>	<p>30</p>	<p>31</p>	<p>1 FANTASTIC FRIDAY 5) Sausage Gravy & Biscuit OR Strawberry Pop-Tart w/ String Cheese Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>
<p>4 MUFFIN MONDAY! 6) Banana Muffin w/ Hard Cooked Egg OR Lucky Charms Breakfast Kit Choice of Fruit Juice, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>	<p>5 TWISTED TUESDAY! 7) Blueberry & Cheese Twisted Breadstick OR Egg & Cheese Sandwich Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>	<p>6 WAFFLE WEDNESDAY! 8) Mini Waffles OR Apple Turnover Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>	<p>7 TWISTED THURSDAY! 9) Cinnamon Roll OR Apple Cinnamon Texas Toast Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>	<p>8 FANTASTIC FRIDAY! 10) Sausage Gravy & Biscuit OR Cocoa Cherry Bar w/ Hard Cooked Egg Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>
<p>11 MUFFIN MONDAY! 11) Blueberry Muffin w/ Hard Cooked Egg OR Froot Loop Breakfast Kit Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>	<p>12 TWISTED TUESDAY! 12) Blueberry & Cheese Twisted Breadstick OR Strawberry Yogurt Parfait Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>	<p>13 WAFFLE WEDNESDAY! 13) Mini Waffles OR Cinnamon Toast Crunch Breakfast Kit Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>	<p>14 TWISTED THURSDAY! 14) Cinnamon Roll OR Cocoa Krispies Granola Bar Breakfast Kit Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>	<p>15 FANTASTIC FRIDAY! 15) Sausage Gravy & Biscuit OR Strawberry Yogurt w/ Strawberry Chex Mix Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>
<p>18 MUFFIN MONDAY! 1) Chocolate Chip Muffin w/ Hard Cooked Egg OR Apple Jack Breakfast Kit Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>	<p>19 TWISTED TUESDAY! 2) Blueberry & Cheese Twisted Breadstick OR Trix Cereal Breakfast Kit Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>	<p>20 WAFFLE WEDNESDAY! 3) Mini Waffles OR Sausage & Biscuit Sandwich Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>	<p>21 TWISTED THURSDAY! 4) Cinnamon Roll OR Egg & Bacon Pizza Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>	<p>22 FANTASTIC FRIDAY! 5) Sausage Gravy & Biscuit OR Strawberry Pop-Tart w/ String Cheese Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>
<p>25 MUFFIN MONDAY! 6) Apple Cinnamon Muffin w/ Hard Cooked Egg OR Lucky Charms Breakfast Kit Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>	<p>26 TWISTED TUESDAY! 7) Blueberry & Cheese Twisted Breadstick OR Egg & Cheese Sandwich Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>	<p>27 WAFFLE WEDNESDAY! 8) Mini Waffles OR Apple Turnover Choice of Fruit Juice, Fruit Cup, Applesauce, Craisins, Raisins or Fresh Fruit Choice of Milk</p>	<p>28 Happy Thanksgiving – No School Be sure to walk off that Thanksgiving Meal or play a game of football!</p>	<p>29 Holiday Break – No School</p>

News

\$2.00 – Adult Breakfast

NOVEMBER | 2019



Garaway Elementary Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	31	1
4) 6) Twisted Toasted Cheese OR choice from Grab & Go Menu (See Sidebar) Tomato Soup Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice	5) 7) Hotdog OR choice from Grab & Go Menu French Fries Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice	6) 8) Chicken Fries OR choice from Grab & Go Menu Country Trio Vegetables Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice	7) 9) Cheese Pizza OR choice from Grab & Go Menu Green Beans Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice	1) 5) Walking Tacos OR choice from Grab & Go Menu Fiesta Black Beans Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice
11) 11) Cheeseburger on a Bun OR choice from Grab & Go Menu (See Sidebar) French Fries Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice	12) 12) Chicken Nuggets OR choice from Grab & Go Menu Steamed Carrots Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice	13) Pancake, Sausage, Potato Triangle Nuggets OR choice from Grab & Go Menu Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice	14) Loaded Fries, Meat & Cheese Salsa Nuggets OR choice from Grab & Go Menu Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice	15) 15) Honey BBQ Rib Sandwich or Chicken Patty Sandwich OR choice from Grab & Go Menu Baked Beans Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice
18) 1) Maple Glazed French Toast Sticks w/ Sausage Links OR choice from Grab & Go Menu (See Sidebar) Hot Cinnamon Apples Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice	19) 2) Cheese Mozzarella Bread w/ Marinara Dipping Sauce OR choice from Grab & Go Menu Steamed Broccoli & Cauliflower Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice	20) 3) Pepperoni Pizza OR choice from Grab & Go Menu Mixed Vegetables Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice	21) 4) Popcorn Chicken w/ Teddy Grahams OR choice from Grab & Go Menu Mashed Potatoes w/ Gravy Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice	22) 5) Walking Tacos OR Loaded Nachos OR choice from Grab & Go Menu Fiesta Black Beans Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice
25) 6) Twisted Toasted Cheese OR choice from Grab & Go Menu Tomato Soup Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice	26) 7) Hotdog OR choice from Grab & Go Menu French Fries Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice	27) 8) Chicken Fries OR choice from Grab & Go Menu Country Trio Vegetables Tossed Salad, Fresh Vegetables w/ Hummus, Variety of Fruit Choices & Milk Choice	28) Happy Thanksgiving – No School Be sure to walk off that Thanksgiving Meal or play a game of football!	29) Holiday Break – No School

Grab & Go Meals

We understand that all children may not like what our special of the day is so we have optional meals every day. If our hot item of the day does not suit our customer they can choose one of the following entrees:

Option A: Peanut Butter & Grape Jelly Uncrustable w/ String Cheese & Goldfish Crackers.

Option B: Trix Strawberry Yogurt w/ Granola, String Cheese & Goldfish Crackers.

The following meal options need to be ordered a day ahead:

Chef Salad, Fruited Yogurt Parfait or Ham and Cheese Sandwich.

Please see your teacher or lunch lady for details.

Reduced - \$0.40
Elementary - \$2.95
7-12 - \$3.20
Adult - \$3.70